



Banks Avenue School

Living And Learning With HEART

Te oranga me te ako ki te Ngākau

Newsletter 4 – Te pānui o te kura o Banks Avenue: Wednesday 23 February 2022

Bienvenidos, karibu, maligayang pagdating, welkom, haere mai

Term 1

From the Principal - *Te pū kāea a te Tumuaiki*

Earthquake Remembrance

Yesterday marked 11 years since the devastating February 22 Christchurch earthquake.

I would like to send my aroha to all, especially those who were in Christchurch that day; the enormity of it is something none of us will ever forget. Teachers were one of the groups of people who carried an added burden, not just worrying about their own families and homes but also making sure children in their care at school were looked after in the immediate aftermath. I acknowledge our staff for their efforts.

The anniversary is also a reminder of the scale of the rebuild. While we have faced challenges, together we have been an important part of the recovery. It is bizarre to think it is eleven years since our school was so badly damaged that we were deemed a rebuild and yet here we still are waiting for closure.

While 11 years have passed, healing takes time and will look different for us all. As we mark this year's anniversary let's find hope and strength in knowing that the disruption and destruction that has been part of our journey is almost over. We can look forward to our fabulous new school and all the benefits that will come with it. Kia kaha whanau.

Thank You

At Banks Avenue we are really fortunate to have some key people and organisations who support us to do the work we do. In 2017 we identified a need for some children to have regular, timely counselling. These sessions may be to support loss, grief, trauma, anxiety, breakups, self esteem etc. We found there was a huge wait for counselling support and were hugely thankful when Garth and Carol from City Church stepped in to help us. Since 2018 City Church has been funding us to have two counsellors in school, twice a week. These counsellors provide in depth support for 12 students on a weekly basis. Most children have about ten sessions with them.

We have just met with City Church and are thrilled to confirm their support will continue this year. They will continue to fund two counsellors, with the help of one of their funding partners Whimbrel Engineering and Architecture. Thanks [City Church](#) and thanks [Whimbrel Engineering and Architecture](#) - you help make a difference!

IMPORTANT DATES

MARK YOUR CALENDAR

March

Monday 7 - Friday 11

Walk or Wheel to School Week

Wednesday 16

Zone Swimming Sports

Saturday 26

Mrs Burnside walks 100km

Thursday 31

Canterbury Swimming Sports

April

Thursday 14

Teacher Only Day

Pandemic Preparation

Our Home Learning webpage, with links to each class/team hybrid learning options is live. This learning will be able to be accessed :

- If your child is at home self-isolating or waiting for someone in the home to get covid test results back.
- If your child is immune compromised and unable to attend school.
- If we close a class room and ask the children to stay home as they have been identified as close contacts.

The vast majority of children will continue to attend school as normal.

To access each class's programme go to our School Website/Our Students/[Learning at Home 2022](#); click on the link that will take you to each team's learning.

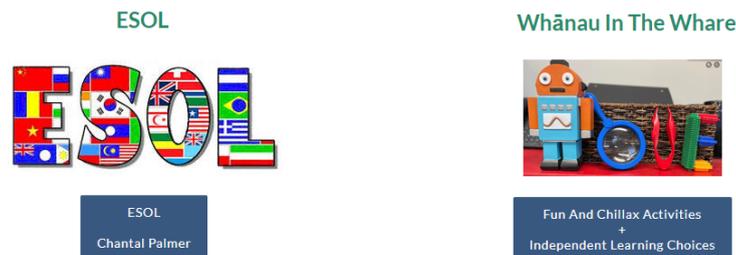
Junior Module: Muringa



Senior Module: Pāhake



On the same page you'll see links to ESOL (English as a Second Language) as well as activities the whole family can do.



At the bottom of the page there are links to financial and food supports the family can hook into.



We know we are going to get Omicron in the school, it is just a matter of when.

In order to be prepared check out the [Learning at Home](#) webpage now!

That way, if your child ends up self isolating at home for a period of time you will know how to access their learning.

[Covid 19 Financial Support 2022](#)

If you are waiting for the results of a COVID-19 test, it is important you stay home until you get a negative result. Think about whether you can work from home.

If you cannot work from home, your employer can apply for the COVID-19 Short-term Absence Payment for you so you can continue to get paid. You can also apply if you are self-employed.

Your employer can also get this payment for you if you:

- need to stay home and look after a dependent child who has been asked to get a COVID-19 test.
- live with someone who has been at a location of interest and needs to stay home while they wait for the person in the household to get a negative test result.

Your employer can get a one-off payment of \$359 to pass on to you. Talk to your employer if you think you meet the criteria.

If you need to self isolate

If you have been asked by health officials to self-isolate and you cannot work from home, you may be eligible for the COVID-19 Leave Support Scheme. Your employer needs to apply for you. You can also apply if you are self-employed.

Your employer can also get this payment for you if you:

- are sick with COVID-19 and need to isolate until a doctor tells you that you no longer need to.
- have been in close contact with someone who has COVID-19.
- are at a higher risk of getting sick from COVID-19.
- live with someone who is at high risk of getting sick from COVID-19, and a doctor or health professional has told people in the household to isolate to reduce the risk of transmitting COVID-19 to vulnerable household members.
- have been asked to self-isolate by public health officials.
- need to stay home and look after a dependent child who needs support to self-isolate.

Your employer can get \$600 per week if you work full time, and \$359 per week if you work part time to pass on to you. To be eligible for a one-week payment, you need to be self-isolating for at least four consecutive calendar days.

Have you been identified as a close contact?

If someone in your **household** has been identified as a **close contact** then the whole family will be self isolating and following MOH guidelines.

Please notify school as it will have implications for us and our tamariki.

During school hours 8:30am - 3:30pm you can ring the office 3854163. After hours you can contact me, Toni, 021935468.

Please only contact me after hours if you have a confirmed case / close contact in your immediate household.

Pandemic Plan

This is now live on our school website under Covid Updates.

I can confirm that at this stage we have no close contacts associated with our school.

We have heard over 10% of Canterbury Schools and Early Learning Centres now have a confirmed case in their school.

Oxfam Fundraiser 26-27 March



Miss Mora, myself and two other team mates are about to challenge ourselves and support Oxfam, by taking part in the life-changing event, Oxfam Trailwalker. We are hoping to raise \$2000 for Oxfam. Oxfam Aotearoa focuses on the Pacific countries of Fiji, Papua New Guinea, Samoa, Solomon Islands, Tonga, Tuvalu, and Vanuatu, as well as Laos, Timor-Leste

and Bangladesh. In particular they look to break the cycles of generational poverty and systems inequality. Oxfam Trailwalker is Aotearoa's greatest team endurance event. Teams of four are sponsored to walk across 100km of Taranaki terrain in a set amount of time. There won't be much time for sleep! We are hoping we will do the 100km in 24 hours. We all walk together and we all need to finish together. Because of covid there is the chance the event will not happen in Taranaki; if it doesn't occur in New Plymouth then a 100 km trail will be set around Christchurch. Regardless, it will go ahead.

When we first started training for this event, back in August 2021 it was a huge effort to walk 7 km. I remember feeling really proud of myself when I walked from home to school one day and it took an hour and twenty minutes. Since then there have been many milestones and a few blisters! Breaking 20 kilometres was a big deal. It was December before we were walking over 20 km; in fact after one walk along the stop bank from Rangiora to Waikuku and back I had a small car accident; my legs were too tired to push the brake pedal!

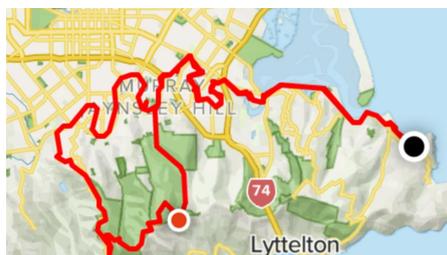
In the last eight weeks we have piled on the miles.

- One weekend we walked 30 km on a Friday night, in the dark, finishing at midnight. We slept for four hours then got up and walked another 20 km.
- The following weekend we walked non-stop for 43 km. We had walked a marathon and it only took us 8 hours.
- Last Saturday was our biggest walk yet. We set off at 4:30am from Scarborough and walked around the Heathcote River to Princess Margaret Hospital (23 km). We then headed up Hackthorne Road and the Harry Ell Track to the Summit Road. We stopped for lunch at the top of the Rapaki Track (33 km - see picture below) then headed down the Rapaki and back to Scarborough. In total 53.5 km in 10 hours!
- In two weeks we are aiming to hit the 80 km mark. We will walk 40 km Friday night, rest for three hours then do our next 40 km. We know if we can do 80 km in 20 hours we'll make the 100 km three weeks after that.

If you want to support us you can donate to our [fundraising page](#) on the Oxfam Trailwalker website; our team name is Full Throttle; you will see our team profile on this page. So far we have raised \$1390.00; we have five weeks to hit our \$2000 target.



First hillwalk as a team
Short 8 km



53.5 km route. Ten hours of hard slog!



Feeling good - top of the Rapaki track. Already walked 33 km with only 20 km to go!

New School

https://snowgrass.co.nz/cust/school/banks_ave/



Term 1 HEART Value Focus Excellence



Eke panuku,
eke Tangaroa.

Better than before.



Hauora Excellence Aroha Respect Togetherness

Our school HEART values are central to all that we do at Banks Avenue School. Once a child has received a HEART token they hand it into a collection box in their classroom. Teachers tally and record how many tokens each child earns under each of our values.

- 25 HEART tokens (same value) - name in newsletter.
- 50 HEART tokens (same value) - a wristband.
- Two or more wristbands the same - lunch with the principal.

Ultimately children are trying to earn all five wristbands. Once they have done this and then collected an additional fifty tokens they will receive the black HEART wristband, which depicts strong school citizenship.

Twenty Five Tokens

Hauora:

Excellence: Tainui R (*Roto*)

Aroha:

Respect: Hoana R (*Dudley*)

Togetherness:

Fifty Tokens These children have earned their wristbands this week.

Hauora:

Excellence: Crystal-Ann B (*Roto*)

Aroha: Brian D and Indi B (*Dudley*)

Respect: Brooklyn B-S (*Roto*); Spencer W (*Dudley*)

Togetherness: Ella-Jay H (*Roto*)



Updates from the teams and school events

Junior Module

Here is a photo of the teachers in Muringa to complement the information we shared with you in the last newsletter.



Pāhake Module

Pāhake Module, formerly Team Miro, has been rebranded as we prepare to move to Pareawa Banks Avenue.

As your child moves into the senior part of the school we continue to build on what they have already learnt. We start each year looking at “Who am I as a Learner?”; so children are able to learn and utilise a range of tools to help them reach their full potential. Our BYOD programme is in its 5th year and the uptake from students has us sitting around 90% with students using devices as one aspect of their learning. We are fortunate in that these skills are directly transferable to hybrid learning and learning at home.

Outdoor Education becomes a big focus once they come to Pāhake. Camps and having EOTC experiences visiting destinations and working with experts to enhance learning plays an authentic and important part of the learning process as a senior student. We want our children to have every opportunity to be excited and engaged so that they can be the best learner they can be. Every second year Awa and Dudley camp at Hanmer Springs Forest Camp and Roto and Kuaka camp at Living Springs.



This year we have Angela Willans in Kuaka with Year 4, Scott Bradley and Sally Pannell in Roto with Year 4 and 5, Belinda Walsh and Adam Hastilow working in Awa with Year 5 and 6 and Jen Bourne and Cath King in Dudley with Year 5 and 6. Our release teachers are Gieve Slade and Becky Bailey, they work across all of the classrooms in Pāhake. Ann Meikle, Liarne Tamaiparea, and Bridget Carmody continue as Learning Assistants who work with teachers to support the learning taking place and to run some of our intervention programmes, e.g., 1:1 help with core subjects, Numicon, Steps Literacy.

Pāhake is led by Jan Thompson as Acting Deputy Principal and SENCO with Jen Bourne as the Leader of Learning and Management in Term 1, followed by Scott Bradley in Term 2 and Belinda Walsh in Terms 3 and 4.



Positive Parenting Programme

Immediate online Positive Parenting support offered to all families in Aotearoa to support mental health, resilience and emotional wellbeing for our tamariki and rangatahi. The Ministry of Health is partnering with Whāraurau to offer free online versions of the Triple P – Positive Parenting Program® across the country.

Triple P is an evidence-based programme with a long history of successful use in New Zealand. More than 10,000 New Zealand whānau have accessed some type of Triple P support in the areas where it has been available free for the past 10 years, with many turning to online programmes throughout the Covid 19 pandemic.

There are three free Triple P online programmes available throughout Aotearoa to help parents and caregivers positively support children to reduce anxiety, build emotional resilience and life skills, and cope with life's challenges. These programs also help whānau stay calm and optimistic, guide behaviour positively, and encourage children's learning.

FEAR-LESS TRIPLE P ONLINE: *for parents and caregivers of children and teenagers (6-14 years) who have significant anxiety.*

This 6-module online course gives parents and caregivers a better understanding of anxiety, gives them skills and strategies to improve children's coping capacity, and helps parents develop safe, gradual ways for children and teens to face anxiety-provoking situations and overcome their fears. It also helps boost children's and teenagers' confidence and problem-solving skills.

TRIPLE P ONLINE: *positive parenting for those who have toddlers to 12-year-olds.*

This 8-module online course helps parents and caregivers develop a range of positive ways to address child behaviours, promote new skills and help emotional self-regulation, to help them improve family relationships and raise happier, more confident and capable tamariki.

TEEN TRIPLE P ONLINE: *positive parenting for those who have 'tweens' or teenagers – 10-16 years.*

This 6-module online course helps parents and caregivers understand more about pre-teen and teenage development and behaviour, so they can provide the best environment for raising responsible, resilient rangatahi while maintaining close relationships and minimising conflict.

Caregivers can immediately register and begin their free online programmes by visiting www.triplep-parenting.net.nz.

Other notices

Postponements and events

Banks Avenue School trip or event postponements and or cancellations will only be advised via Skool Loop, Facebook and as viewed on our website: www.banksave.school.nz

Absences

If your child is absent from school, for any reason, please let our school office know using one of the following options:
Phone: 385 4163 / option 3: Text: 027 422 8032, Skool Loop app or email: absences@banksave.school.nz

Or notify us via our website: www.banksave.school.nz/absences.

If your child arrives at school after 9:00am, they must check in at the office. This saves a lot of phone calls for unexplained absences in order to ensure the safety of all our children.

HEARTBEAT Media 106.7FM

Listen to our students master broadcasting radio. If you live close to the school (within 6kms) you can tune into 106.7FM on your radio, to listen. Programmes are broadcasted every day before school from 8:30am-9:00am and at lunchtimes from 12:50pm- 1:20pm.

If you live further away, you can access HEARTbeat 106.7FM online, from our school website or from the link on the right.



<http://www.banksave.school.nz/heartbeat-1067fm.html>

PTA

**BEE on board
to help us FUND RAISE!!**



WE HAVE A GREAT OPPORTUNITY TO RAISE FUNDS FOR OUR SCHOOL AND IT'S SIMPLE!
WHEN YOU ORDER YOUR HONEY OR ANY OTHER PRODUCTS ONLINE AT
www.thebeekeepershoney.nz
WE GET PAID 10% OF YOUR TOTAL ORDER!

The Beekeepers Honey offer a wide range of local Canterbury honeys, Manuka Honey Skin Care, Honey Lozenges & Fudge, Candles, Recycled Rimu Boards and some great Gift & Homewares.

What YOU need to do to get the HONEY rolling...

3 SIMPLE STEPS

1. CLICK ONLINE www.thebeekeepershoney.nz
2. SHOP the range
3. ADD this code in the promo box at checkout **BANKSAVEPS**

THIS IS NOT LIMITED TO 1 ORDER AND YOU CAN SHARE THE CODE WITH FRIENDS, FAMILY AND COLLEAGUES TOO. THE BIGGER THE SALES, THE GREATER THE FUNDS RAISED FOR OUR CHILDREN AT THE BANKS AVENUE PRIMARY SCHOOL!!
ALL ORDERS WILL BE AVAILABLE FOR PICK UP FROM ROOM 17 EVERY THURSDAY AFTERNOON FROM SCHOOL.

Thank you for supporting us



On site at Banks Avenue School

Before school session 7:30-8:45 am

After school session 3:00-5:30 pm

Safe, friendly space with loads of activities.
Your child's home away from home.



Bookings now open

Book online: dallingtonoscar.aimyplus.com

For further information call 027 386 555 or
email dallingtonoscar@gmail.com